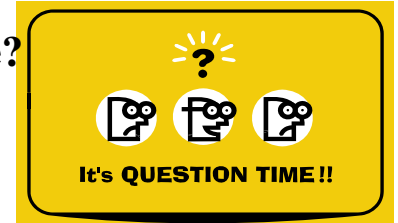


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Elicit

- Opening strategy: elicit information about patient's lifestyle, how does the patient view it
- Ask about a typical day: what is the patient's routine?
 - ◆ Needed for tailoring medication schedule
 - ◆ Helps identify dietary needs/problems
 - ◆ Patient's exercise activity
- Elicit patient's thoughts on the good things and bad things
 - ◆ What do they like and dislike about the proposed therapy and lifestyle changes?
 - ◆ What is their understanding of the illness and its treatment?
 - ◆ Do they agree with the MD's assessment?
 - ◆ Do they believe they can do what is asked? What will help?
 - ◆ What are the barriers to change?



Provide

- Providing information — is the patient ready for information?
- Provide patient with all appropriate information
 - ◆ Dosage – how much to take and when to take it
 - ◆ When the expected onset of action is
 - ◆ Most common side effects and what to do if any occur
 - ◆ What to do if there are problems
 - ◆ Ask if patient has any further questions



Elicit

- After you have provided patient with information, elicit any additional concerns they may have
 - ◆ “What are your thoughts now about managing your...?”
 - ◆ “Where does this leave you now?”
 - ◆ “Do you anticipate needing any help?”



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